

## Anti-snoring mouthpiece thermo-adaptable, a proven concept

### A high-quality thermo-adaptable mouthpiece

SOMNOFIT includes two oral mouldings (upper and lower) which can be heated and moulded to fit your teeth. A strap connects the mouldings to hold the lower jaw forward. The user then has a product that is fully personalised and can be worn every night.



*6 straps of different lengths are supplied for an adaptation perfectly fitted to the needs of the patient.*

### Contents

Ref. S-02

- An upper moulding with 2 front hooks.
- A lower moulding with 2 back hooks.
- A floating thermometer.
- A ventilated storage box.
- A set of 6 supple straps.
- Instructions.

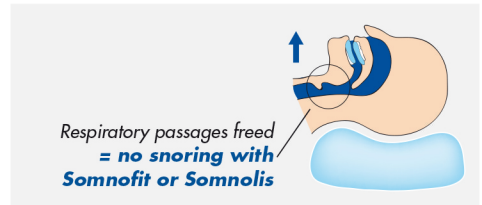
### Patented medical device

CE



### Principle of operation

During sleep, SOMNOFIT hold the lower jaw forward by a few millimetres. This advancement clears space around the back of the tongue to allow inhaled air to flow freely.



### Indications

- Snoring.
- Mild to moderate obstructive sleep apnoea (medical supervision required).
- Obstructive sleep apnoea at certain times: travel, camping, on a boat, holidays (medical supervision required).

### Contraindications

- Wear a removable or partial dental prosthesis.
- Have mandibular joint pain.
- Have loose teeth or advanced periodontal disease.
- Upper or lower jaw with less than 10 teeth.
- Are under 18 years old.

### Effectiveness

The principle of mandibular advancement is clinically proven. It allows reducing or eliminating snoring in more than 80% of the cases. In the case of obstructive sleep apnoea, the average reduction of the apnoea index is approximately 55%, but can significantly vary from one patient to another. Consequently, an effectiveness examination should be conducted with the medical specialist.