Somnolis°

Anti-snoring mouthpiece

The simple, effective and affordable mouthpiece



SOMNOLIS is a slightly visible mouthpiece. No teeth impression is required to use it and it can quickly and discretely be placed in the mouth. SOMNOLIS is affordable and is ideal for your first time using an mouthpiece, for holidays, camping or a short stay in hospital for example.

Principle of operation

During sleep, SOMNOLIS hold the lower jaw forward by a few millimetres. This advancement clears space around the back of the tongue to allow inhaled air to flow freely.

Indications

- Snoring.
- Apnoea at certain times: traveling (medical consultation advised).



Contraindications

- A removable dental prosthesis is worn.
- A partial dental prosthesis is worn without reliable fixation.
- There is pain in mandibular articulation.
- There is loosening or instability of the teeth.
- Important: In case of a regular and long-lasting use, we recommend the use of a customized device (with a taking of the teeth impression) like SOMNOFIT (to know more about it: www.somnofit.com).

Effectiveness

The principle of mandibular advancement is clinically proven. It allows reducing or eliminating snoring in more than 80% of the cases. In the case of obstructive sleep apnoea, the average reduction of the apnoea index is approximately 55%, but can significantly vary from one patient to another. Consequently, an effectiveness examination should be conducted with the medical specialist.

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