

Motion

Ease onto intuitive mobility
and supreme comfort

Design: Salto & Sigsgaard
Sigsgaard

Concept



Choose your usual sitting height, or lift your body higher into an almost upright position

Your pelvis rotates forward, which helps maintain the natural curve of your spine

Balance and tilt easily from side-to-side, or back and forth in gentle micro movements

The open angle between your hips and knees aids blood circulation

Category

Our bodies are made to move. A Varier sit-stand chair follows every move you make, each chair in our sit-stand category strengthens your core and back muscles, helping you maintain a natural, upright posture.

Choose a saddle seat size and gas lift height that suits your needs, and ease onto the padded seat with your

feet placed firmly on the floor. A sit-stand chair keeps you active at home or at the office, and is the perfect match for a height-adjustable table.

varier®

Healthy Sitting

Open-angle and Balanced Sitting

- A more open hip angle is better for low back posture and disc health putting the back into its natural S-shaped alignment
- The body is best able to respond positively to any impulse to move when it is in balance
- A good posture keeps the skeletal structure balanced and aligned
- Promotes support by aligning the bones, rather than holding the muscles in a rigid pose

Motion

- Freedom for movement and less strain on the back gives freedom to concentrate on work - not on pain in the back or wear and tear of static sitting
- Allows body to find active posture
- Prevents tension in neck and shoulders
- Strengthens core and abdominal muscles
- Enhances deep breathing
- Improves concentration through increased blood circulation and oxygen supply
- Energizes and combats tiredness
- Reduces pressure on vertebral discs
- Versatile support at home and office

Sit-Stand

- Near-standing posture provides an open-angle and gives balance to your body

Benefits

360° saddle-shaped seat

- Gives a natural open angle between thigh and torso for better posture
- Freedom to sit and move in all directions
- Comfortable support when "standing"
- Comfortable to sit on

Base with Vibraflex and rubber

- Follows the body's movement
- Provides additional support
- The base tilts to encourage open-angle sitting and to move the center of gravity from the back to the feet, which makes breathing easier
- Easy to move around while working

Available in Fame Only

- The shape of seat and quality of foam, requires a fabric that is very stretchy

Gas lift in 3 different heights

- Freedom to choose individual solutions in accordance with height of user and table
- Easy to adjust from sitting to standing support

No sharp edges

- Comfortable to use and change positions
- Children friendly

Handle under the seat

- Easy to move around
- Can be carried by one hand
- Easy to transport from one location to another

Light weight

- Can be carried by one hand
- Easy to transport from one room to another

Simple construction – few parts

- 3 pieces

Simple assembly

- Easy to assemble

Tested according to European standard for Non-Domestic Use NS-EN 16139 2013

- Tested by officially accredited test institute
- Safe and high quality

Features

Motion

- Comes with a standard seat and base suitable to most men and women

Visible plastic parts and gas lift

- Black Grey RAL 7021

Release lever

- Sulfur yellow RAL 1016

Technical Information

Chair Measurements

Motion	Gaslift	Chair dia.	Base dia.	Seat height
	Low	43 cm	40 cm	54-73 cm
	Medium	43 cm	40 cm	61-87 cm
	High	43 cm	40 cm	70-92 cm

Box Measurements and Weight

Motion	Height	Length	Width	Weight
	47 cm	34 cm	42 cm	8 kg

User and User Areas

- Suitable for children and adults
- Optimal at all kind of activities that are to be done in half standing, half sitting positions
- Just about everywhere at home and at work
- Desks, height-adjustable desk, bars etc.
- At desk, in kitchen, housework, playing music, as additional chair
- At receptions, at counters, retail, dentist, hairdressers, architects

Height recommendations for full functionality of the chair we recommend...

- If you have space where you can use the chair to its full potential, for example, a sit stand desk or alternating between counter tops and small desks, then we recommend:
- Below 150cm - Small gas lift
- 150cm-170cm – Medium gas lift
- Above 170cm – Large gas lift
- If you have a standard desk, then we recommend you buy the small Move chair, in order for you to sit comfortably at a lower height

Warranty

- 7-year warranty on all wood parts
- 5-year warranty on all mechanical parts
- To make use of this extended guarantee please register online: varierfurniture.com/Guarantee
- Guarantee

Pre-Conditions for Use

- The desk or work surface height usually needs to be adjusted in order to use the full functionality of the chair
- Tight skirts are not possible, due to the wide stance required, and loose clothing is recommended
- Short break-in period is required, which may include some sore muscles for a few days
- Psychological transition
- User must be willing to try the equestrian posture
- Most users are fully adapted to the Move within two weeks

Production land: Poland

Launch date: 2017