

# AFTERCARE INSTRUCTION FOR PIERCING



REGULERSBREESTRAAT 46, 1017 CN AMSTERDAM

TEL: 020-4282049

OPEN EVERY DAY 10:30-22:00



BIJ ONS KRIJG JE MEER!



DURING THE HEALING PROCESS **AVOID** ALL SWIMMING OR POOL ACTIVITIES (CHLORINE POOLS, NATURAL WATERS, BUBBLE BATHS ETC.) ALSO DO NOT USE A STEAM BATH.



BY EXTREME REDNESS, SWELLING, BLEEDING, PUS DISCHARGE, COLOR CHANGE OF THE WOUND OR PAIN CONTACT YOUR GENERAL PRACTITIONER!



TO DOWNLOAD FULL  
PDF OR AUDIO VERSION OF  
PIERCING AFTERCARE INSTRUCTIONS  
PLEASE VISIT

[WWW.PIERCINGSWORKS.COM/DOWNLOAD](http://WWW.PIERCINGSWORKS.COM/DOWNLOAD)



## SPECIFIC INSTRUCTIONS FOR ORAL PIERCINGS:

A TONGUE OR LIP-PIERCING (OR ANY OTHER PIERCING IN THE MOUTH) MUST BE GIVEN EXTRA ATTENTION AFTER EATING, DRINKING OR OTHER FORMS OF ORAL CONTACT. BRUSH YOUR TEETH REGULARLY (KEEP YOUR TEETH AND MOUTH FREE OF PLAQUE WITH SEA-SALT BASED TOOTHPASTE) AND RINSE YOUR MOUTH WITH A CLEANSING PRODUCT WHEN NECESSARY.



AVOID KISSING AND OTHER FORMS OF ORAL CONTACT DURING THE TIME OF HEALING.

