

NOVA PATTERN: SIZE CHART, MATERIALS, AND YARDAGE TABLES

SIZE CHART

In inches:

3M	6M	1Y	18M	2Y	3Y	4Y	5Y	6Y	7Y	8Y	9Y	10Y	12Y
<i>Chest</i>													
17.5	18.5	19.75	20.5	21	21.5	22.5	23.5	24.5	25.5	26.5	27.25	28	29
<i>Height</i>													
22.5-25	25-29	29-31	31-33	33-36	36-39	39-42	42-45	45-46.5	46.5-49	49-51	51-53.5	53.5-56	56-58

In centimeters:

3M	6M	1Y	18M	2Y	3Y	4Y	5Y	6Y	7Y	8Y	9Y	10Y	12Y
<i>Chest</i>													
44	47	50	52	53	55	57	60	62	65	67	69	71	74
<i>Height</i>													
57-64	64-74	74-79	79-84	84-91	91-99	99-107	107-114	114-118	118-124	124-130	130-136	136-142	142-147

MEASUREMENTS OF THE FINISHED GARMENT

In inches:

3M	6M	1Y	18M	2Y	3Y	4Y	5Y	6Y	7Y	8Y	9Y	10Y	12Y
<i>Blouse length (back neck to hem)</i>													
10.5	11.5	12.5	13.75	15	16	17	18	18.75	19.75	20.5	21.5	22.5	23.75
<i>Dress length (back neck to hem)</i>													
13.5	15	17	18	19.5	21.25	22.75	24.75	26	28	29.5	30.5	31.5	32.75
<i>Chest circumference</i>													
19.5	20.5	21.5	22.75	23.75	24.5	25.75	26.75	27.75	29.25	30	30.75	31.75	33
<i>Sleeve length</i>													
8.75	9.75	10.75	11.5	12.5	13.5	14.5	15.5	16.5	17.5	18	19	19.75	20.5

In centimeters:

3M	6M	1Y	18M	2Y	3Y	4Y	5Y	6Y	7Y	8Y	9Y	10Y	12Y
<i>Blouse length (back neck to hem)</i>													
27	29.5	32	35	38	41	43.5	46	48	50	52	54.5	57.5	60.5
<i>Dress length (back neck to hem)</i>													
34	38	42.5	46	50	54	58	62	66	71	75	77.5	80	83
<i>Chest circumference</i>													
50	52.5	55	58	60.5	62.5	65.5	68	70.5	74.5	76.5	78.5	81	84
<i>Sleeve length</i>													
22.5	25	27.5	29.5	32	34.5	37	39.5	42	44.5	46	48.5	50.5	52.5

HOW DO I PICK THE RIGHT SIZE?

- Always take **chest measurements** as your starting point (*not* length).
- Pick a size based on the **Size Chart**, and compare it with the measurements of the child.
- Or, you can rely on the table **"Measurements of the finished garment"**, and compare these to a dress/blouse from the child's wardrobe which fits her well.

MATERIALS

- **Main fabric:** go for woven fabrics (e.g. cotton, linen, lawn, double gauze, ...). The box pleat works best with mid- and heavyweight fabrics; the other pleating options work best with light and midweight fabrics.
- **Lining fabric:** lightweight wovens are preferred
- **Thin fusible interfacing:** a few small pieces if you are making the long sleeves, peter pan collar, or button closure.
- **Iron-on adhesive:** e.g., Heat 'n Bond, Vliesofix. A tiny piece is enough (see step 35).
- **Back closure:** Choose one of the following:
 - One invisible zipper (length: see yardage table).
 - Two pieces of ribbon, each around 25 cm (10") long.
 - One small button, maximum 1 cm (3/8") in diameter.
- **Sleeves:** Two small buttons for the cuffs, maximum 1 cm (3/8") in diameter.

YARDAGE

In yards:

	3M	6M	1Y	18m	2Y	3Y	4Y	5Y	6Y	7Y	8Y	9Y	10Y	11-12Y
Main fabric, on 110 cm wide fabric														
Sleeveless blouse	1/2	1/2	1/2	5/8	5/8	5/8	1	1	1 1/8	1 3/8	1 3/8	1 1/2	1 1/2	1 5/8
Sleeveless dress	5/8	5/8	5/8	3/4	7/8	1	1 1/2	1 1/2	1 5/8	1 3/4	1 3/4	1 7/8	1 7/8	2
Blouse w. sleeves	3/4	7/8	7/8	1	1	1 1/8	1 1/8	1 1/8	1 3/8	1 3/8	1 1/2	1 5/8	1 1/8	1 1/4
Dress w. sleeves	7/8	7/8	1	1	1 1/4	1 3/8	1 3/8	1 5/8	1 3/4	1 3/4	1 7/8	1 7/8	1 1/2	1 5/8
Main fabric, on 140 cm wide fabric														
Sleeveless blouse	1/2	1/2	1/2	5/8	5/8	5/8	5/8	3/4	3/4	3/4	3/4	7/8	1	1 1/4
Sleeveless dress	5/8	5/8	5/8	3/4	3/4	3/4	7/8	7/8	7/8	1 1/8	1 3/8	1 3/8	1 3/4	1 3/4
Blouse w. sleeves	1/2	5/8	5/8	7/8	7/8	1	1 1/8	1 1/4	1 1/4	1 1/4	1 3/8	1 3/8	1 1/2	1 5/8
Dress w. sleeves	5/8	3/4	3/4	1	1	1 1/4	1 1/4	1 3/8	1 3/8	1 1/2	1 3/4	1 7/8	2	2
Lining, on 110 cm or 140 cm wide fabric														
Dress or blouse	3/8	3/8	3/8	3/8	3/8	3/8	3/8	3/8	3/8	3/8	3/8	3/8	3/8	3/8
Invisible zipper	6"	6"	8"	8"	8"	8"	8"	10"	10"	10"	10"	10"	10"	10"

In centimeters:

	3M	6M	1Y	18m	2Y	3Y	4Y	5Y	6Y	7Y	8Y	9Y	10Y	11-12Y
Main fabric, on 110 cm wide fabric														
Sleeveless blouse	40	50	50	50	60	60	90	100	110	120	120	130	140	140
Sleeveless dress	50	60	60	70	80	90	130	140	150	160	160	170	170	180
Blouse w. sleeves	70	80	80	90	90	100	110	120	120	120	140	140	190	200
Dress w. sleeves	80	80	90	100	110	120	130	150	150	160	170	170	230	240
Main fabric, on 140 cm wide fabric														
Sleeveless blouse	40	50	50	50	60	60	60	60	70	70	70	80	90	110
Sleeveless dress	50	60	60	60	70	70	80	80	80	90	120	130	160	160
Blouse w. sleeves	40	60	60	70	80	100	100	110	110	120	120	130	130	150
Dress w. sleeves	50	60	70	90	90	110	120	120	130	140	160	170	180	180
Lining, on 110 cm or 140 cm wide fabric														
Dress or blouse	30	30	30	30	30	30	30	30	30	30	30	30	40	40
Invisible zipper	15	15	20	20	20	20	20	25	25	25	25	25	25	25