ABF - the sports club from and for the international community around The Hague - www.abfsport.nl



	Summer	Fall	Winter	Spring
Soccer boys and girls of all ages recreational or competitive volunteer & professional coaches	summer camps	knvt recreational - fall	b - dutch league full year pro indoor brazilian clinic	gram recreational - spring
Baseball boys and girls ages 6 to 12 recreational or competitive volunteer coaches		dutch league - part 2	indoor clinic	dutch league - part 1 recreational - spring
Basketball boys and girls ages 6 to 10 and adults recreational volunteer coaches			indoor adults indoor kids	
Fitness for all mummies 15 weeks different levels professional coaches		resistance training ses cardio vascular training s		ce training session - 2 cular training session - 2

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