



TOOTH advice: Topical Oxygen Therapy

Guidelines treating peri-implantitis/ periodontitis with BlueM

english

- Capture the initial situation on an X-ray where the level of the bone can be clearly seen. Measure the pocket depth, recession and bleeding.
- Make an acute wound around the implant using curettage around the implant and root planing around a natural element. Remove as much as possible debris and calculus.
- Put a small amount of BlueM oral gel in a disposable 2.5 ml syringe (Terumo) with a small curved tip (black minitip Ultradent). Apply the gel in the pocket around the element.
- Give the patient instructions according to the regime below:
 - 2x daily brush with BlueM toothpaste.
 - 4x daily rinse for one minute with BlueM mouthwash.
 - 2-4x daily interdental cleaning with BlueM oral gel at the implant site, or if the patient is able, apply the gel in the pocket before going to bed, using the 2.5ml syringe (Terumo) and a small curved tip (black minitip Ultradent).
- Evaluate after two weeks.
- Check up after four and eight weeks. If the situation remains stable, subsequent check-ups every four months. Measure pocket depth, recession and bleeding at each visit.
- After one year, take control X-ray. Check pocket depth, recession and bleeding.

oral gel
toothpaste
mouthwash
natural oxygen

For more information visit:
www.bluemcare.com

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